

# MENU

## BREAKFAST

**Eggs Your Way (veg, gfo) \$16**  
Two poached, scrambled or fried eggs on sourdough & tomato relish

**Eggs Benedict (gfo) \$22**  
with poached egg, baby spinach, bacon & hollandaise.  
Substitute Bacon for Mushrooms  
Substitute Bacon for Salmon **Add \$4**

**Smashed Avo (veg, vo, gfo) \$18.50**  
Seasoned avocado on sourdough with fetta, cherry tomatoes and dukkah

**Salmon & Rosti Tower \$22.50**  
Smoked salmon, avocado & homemade potato rosti tower with baby spinach, blistered cherry tomatoes & tomato relish

**Breakfast Roll \$15**  
Bacon, fried egg, spinach, cheese and tomato relish on a toasted milk bun

**Pancakes (veg, vo) \$15.50**  
Fluffy pancakes topped with fresh banana & butterscotch sauce. **Add Ice cream \$1.50**

**Cinnamon Raisin Toast (vo) \$14.50**  
With a strawberry compot, lemon curd & toasted almonds

**Acai Bowl (v) \$16**  
Acai topped with seasonal fruit, granola, coconut, maple syrup and cacao nibs

**Granola Bowl (v) \$14**  
Housemade granola served with coconut yoghurt, seasonal fruit, goji berries, coconut and cacao nibs

**Raisin Toast (veg, vo) \$5.50**

**Sourdough Toast (veg, vo, gfo) \$5**

## LUNCH

**Crispy Thai Chicken Salad \$21.50**  
Crispy Thai chicken with mixed lettuce, cherry tomatoes, cucumber with a sweet chilli Thai dressing topped with cashews

**Triple Layer Club Sandwich (gfo) \$16**  
Ham, lettuce, tomato, cheese, cranberry sauce, avocado and chicken on lightly toasted white bread

**Reuben Turkish (gfo) \$16**  
Corn Beef, mustard aioli, sauerkraut and Swiss cheese  
served with a cornichon

**Housemade Corn Fritter (veg) \$18.50**  
Served with avocado guacamole and dipping sauce

**Soup of the Day \$12**  
Our soup of the day served with toasted sourdough

**Bowl of Shoestring Fries \$10**  
With your choice of tomato, bbq or aioli sauce

### Build Your Own

**Toasted Turkish Rolls \$15**

#### Step 1 - Choose one protein:

Ham, Chicken, Haloumi, Bacon or Smoked Salmon

#### Step 2 - Choose Salad:

Lettuce, tomato, avocado, zucchini, eggplant, onion, cucumber, carrot, spinach, rocket,

#### Step 3 - Choose your Cheese

Cheddar, fetta, parmesan

Brie \$3

### ADD ONS

Grilled chicken or Smoked salmon	\$6
Mushrooms or Blistered Cherry Tomatoes	\$4
Haloumi	\$6
Bacon	\$6
Extra eggs (2)	\$6
Avocado	\$5
Side of Shoestring Fries	\$3

## MINI'S MENU - ALL \$10

### Ninja Lunch Box (gfo)

Toasted sandwich (cheese/ ham and cheese/ cheese and tomato/ ham, cheese and tomato) with a sparkling juice and ice block or cookie

### Mini Smashed Avocado

One slice of toast with lightly seasoned avocado and fetta

### Mini Eggs Benedict

One slice of toast with spinach, 1 poached egg, bacon and hollandaise sauce

### Mini Bacon and Eggs

One slice of toast with bacon and 1 egg cooked your way

### Crumbed Fish and Chips

Crumbed whiting fillets served with hot chips and tomato sauce

### Nuggest and Chips

Chicken nuggets served with hot chips and tomato sauce

# DRINKS

## SMOOTHIES

S - \$6/ M - \$9/ L - \$10

### Banana Swirl Delight

Banana, cacao, coconut yoghurt, dates, cinnamon and peanut butter

### Berry Fusion Bliss

Mixed berries, dates, goji berries, honey and coconut yoghurt

### Passion Breeze

Pineapple, mango, passionfruit, ginger and coconut yoghurt

### Tropical Green Wave

Banana, mango, spinach, pineapple, chia seeds

All made on almond unless specified

## JUICES

S - \$6/ M - \$9/ L - \$10

### Citrus Splash

Watermelon, lemon, orange and pineapple

### Harvest Glow

Beetroot, celery, carrot and apple

### Ginger Ninja

Ginger, orange, pineapple and carrot

### Wellness Elixir

Celery, apple, ginger and lemon

Or Create Your Own Juice

**Ask Us About Our Protein Shakes**

## EXTRAS

Syrup (Caramel/ Vanilla/ Hazelnut) \$0.50

Alternative Milks (Soy/ Alm/ Coconut/ Oat/ LF) \$0.75

Extra shot \$1/ Decaf \$0.50

## HOT DRINKS

S - \$4.5/ M - \$5.5/ L - \$6.5

Cappuccino

Latte

Flat White

Long Black

Chai Latte

Matcha Latte

Turmeric Latte

Hot Chocolate

White Hot Chocolate

Mocha

White Choc Mocca

Dirty Chai

Sticky Chai

Chocolate Chai

Espresso \$3.5

Macchiato \$4.5

Piccolo \$3.8

Teas \$4.50

English Breakfast

Earl Grey / Chai

Honeydew Green

Chamomile

## COLD DRINKS

S - \$5/ M - \$6/ L - \$7

Iced Latte

Iced Long Black

Iced Chai

Iced Choc/White Choc

Iced Matcha

Iced Coffee

Iced Mocha

Iced Dirty Chai

### Milkshakes

\$6/\$7/\$8

Choose your flavour

Chocolate, vanilla, caramel, banana, strawberry, lime, coffee, mocha

Make it thick \$2